East Fort Lauderdale

Jewish Life

Issue 05 • July 2018



YOGA, SUSHI & KABBALAH!

JEWISH WOMEN'S CIRCLE

GEFILTE FISH LATKES

RECIPE INSIDE



FLEET WEEK NAVY SHABBAT DINNER

With Twenty Navy Men and Women Dining In Style!

LAS OLAS CHABAD HOSTS A CHERISHED TRADITIONAL DINNER

As most locals know, Fleet Week is a special time of the year in Fort Lauderdale for sailors who enjoy a respite from shipboard duties. They look forward to the sun, sand and warm hospitality of our residents, as well as exploring the many restaurants and nightspots while on leave.

To make those visitors feel like 'family' and to honor their service, the Las Olas Chabad Jewish Center hosts a very special Shabbat Dinner each year, which has become a cherished tradition. It's hard to say who looks forward to this annual event more... the members of the Las Olas Chabad Jewish Center or the young Jewish men and women in port. This year was

no exception, although from the many accolades from the men and women, this year's event was the best!

Sponsored by the Stahl family – in loving memory of Arthur Fried – the evening began with members of the Las Olas Chabad Jewish Center and the men and women from various ships taking photos and selfies! Go figure... It was fun and lively, to be sure.

This was followed by a five-course, fully catered dinner by Food Art Catering with wine, LOTS of l'chaims and personal stories of the 20 service men and women from the US Navy, US Marines and US Coast Guard. "They shared with us some of their personal stories and deep felt gratitude,"

said Helene Stahl. The Chabad was beautifully decorated to fit the theme by Catherine Perez, event designer.

Alan Starr, commanding officer at US Naval Sea Cadet Corps, joins this festive celebration each year. He explained that there were two Navy War Ships and three Coast Guard vessels participating in Fleet Week at Port Everglades. These included the USS Kearsarge - Amphibious Assault Ship, the USS Detroit - Littoral Combat Ship, the USCGC Confidence - Medium Endurance Cutter, the USCGC Robert Yered - Fast Response Cutter and the USCGC Willow - Buoy Tender.

"The servicemen and women from the US Navy, US Coast Guard and US Marines were







Chayale Slavaticki - Amy Weinstock - Eileen Mell - Kathy Rice with U.S. Navy

interested in learning about Judaism, Jewish history and traditions," Starr explained. LCDR ALAN Starr is the Chairman of Fleet Week Port Everglades and works closely with the ship's personnel. He has continued to guide those Jewish men and women attending Fleet Week over the years to Jewish organizations, including the Las Olas Chabad Jewish Center.

During Fleet Week, more than 2,000 South

Florida students, residents and veterans toured the visiting Navy and Coast Guard ships.

"We presented each of the service men and women with a meaningful gift - a Hebrew/ English book of Psalms so that wherever they may be around the world, they will stay protected and use this as strength in times of need," said Lewis Stahl.



WHAT'S NEW



Feed the mind... Nourish the soul...Delight the senses!

You can count on the Chabad's Jewish Women's Circle to continue to present programs that are educational, stimulating and relevant to today's modern woman; anchored to ancient traditions that are still

relevant today. A case in point was their evening of Yoga, Kabbalah & Sushi, that took place on Tuesday, May 1st. And we should add that this was also a very 'tasty' event, with yummy sushi treats!

"This was a wonderful opportunity for our guests to explore the sphere of Jewish Mysticism and Meditation that is 3,000 years old," said Chabad member, Kathy Rice. Participants were urged to wear comfortable clothes. "Our yoga portion was suitable for all levels," added Zahava Ohana, a frequent women's circle attendee. The Yoga instructor was the very talented Beth Gross.

"At the Las Olas Jewish Women's Circle, Jewish women come together throughout the year to study, to create, to celebrate, to explore and to recharge," said Valerie Friedman, whose child attends Chabad's Bear Family Hebrew School. "This was a very wonderfully relaxing and moving experience, enhanced by a few words of inspiration from Rebbetzin Chayale."

"It's been a wonderful year full of exciting, intriguing and just plain enjoyable evenings." Programs included an inspiring Challah Bake, exciting Edible Arrangements, fun Art Party and relaxing Yoga, Kabbalah and Sushi. There's lots of wonderful programs in the works for next year so stand by & email Office@ JewishFLL.com to join the Jewish Women's Circle Today!

HEBREW SCHOOL - HOME DEPOT PRE-PASSOVER SEDER PLATES

It was a very special day for the students of The Bear Family Las Olas Hebrew School when Home Depot invited them to their store a week before Passover. "The kids had a great time and the making of the Seder Plate reinforced the lessons about Passover they learned in classes," said Chayale Slavaticki, the school's director. It was a special feeling for all, having Home Depot close down one of their isles for all our wonderful students! They got to get hands on; sanding, tiling, taping & creating their Seder plate masterpieces! There were lots of yummy Passover treats & fun Passover music to top it off. We're so thankful to a wonderful Chabad member, Tony Marking from Home Depot for making this special experience a reality!

The Hebrew School is a vital part in the lives of families with children... Take Alison Regli... "I have been involved with Chabad for over 28 years. We love it so much. It is truly a family to us. My two boys, Trevor & Spencer, have both been in classes with Chayale since they started Hebrew School at the Bear Family Las Olas Jewish Center. They especially love it there because it has energy, it is uplifting and fun. The Rabbi and his wife are so dynamic they make everything happy and special. They keep the Jewish Spirit alive and thriving.

Alison went on to say that "... participating in events like the Home Depot Seder plate making event encourages us to be in the community showing our Jewish pride while being creative and fun with

our friends from Shul. We are so grateful for the Jewish friends and community we have. It lifts our hearts and deepens our connection with our Jewish faith for today and years to come."

Registration at The Bear Family Las Olas Hebrew School is now open for the Upcoming School Year for children ages 4-13, Sundays 10:00 AM- 12:00. Register online at LasOlasHebrew.com or call (954)225-4290 for more information.



JUDAICA STORE HAS GREAT GIFT IDEAS! ALL YEAR 'ROUND

Gift giving can be a challenge, whether it is for a specific Jewish holiday like Chanukah or Passover, a Bar & Bat Mitzvah, or even secular holidays like Mother's Day, Father's Day, birthdays or any other occasion where a gift is appropriate. And while Amazon has transformed gift giving, within the Las Olas Chabad Jewish Center is a hidden jewel... their Judaica store.

There are a wide variety of items with a large selection of handmade Judaica all from Israel! You'll find all sorts of cool, one of a kind Jewish gifts! Check out their wide range of Home and Business blessings, kiddush cups, candlesticks, exquisite Holiday items, Mezuzah scrolls and beautiful Mezuzah cases to fit every taste and budget.

"I was truly excited to discover the Judaica

store at Chabad when I came for Services to recite Kaddish in memory of my Mother," said Albert Nagar. "Sometimes, I feel that buying presents for various occasions is frivolous... gifts that don't have much meaning, but at the Judaica store, not only do they have a great variety of items, but they have special meaning to all of my Jewish friends and family."

A perennial popular favorite is an exquisite High Holiday plate, made in Israel. Each indented circle is labeled with one of the eight traditional High Holiday food items in a stylized Hebrew and English print. This decorative piece is sure to enhance your Holiday table... or the Holiday table of the recipient of this gift. We also have an attractive array of Honey Dishes & awesome looking Shofars with stands

which make for wonderful gifts as well!

There are also books, ritual items and unique Holiday toys for children of all ages. Come visit us at 1302 E Las Olas Blvd, Ft. Lauderdale, FL 33301. We're open Monday- Thursday from 10:00 AM- 5:00 PM & Friday, 10:00 AM - 2:00 PM. For any questions, feel free to call us at (954)780-6770.



SOME **PICTURES**







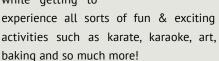




FRIENDSHIP CIRCLE'S TEEN SCENE

The Friendship Circle of Greater Fort Lauderdale is here to ensure that every child and young adult with special needs has Friendship, an integral part in all our

lives! The program enriches the lives of everyone involved! The Teen Scene Program, occurring on a monthly basis, is a popular one! Teens from local high schools come to hang out with our special friends while getting to



"I am honored to be part of the Friendship Circle family," Katia, the mom of Derek, a special needs teen, & Bryan, a dedicated Volunteer, noted. "Being part of the Friendship Circle for the past few years has been truly a blessing! I can see and feel that both of my kids enjoy being a part of this amazing program. They have the opportunity to have a relationship with such wonderful friends and enjoy good times with them on a regular basis. When you are attending an event, you can see how truly special they are to each other. It's a unique chance for my son to have a social base that he didn't have before."

Derek gets into every activity! There's always something fun planned, whether arts and crafts, science, dancing, singing.. it's amazing to see how it brings everybody together as a real family in a safe and healthy environment where they share different experiences, kindness, friendship and most of all: LOVE!!

Derek's brother, Bryan is 18 years old and about to graduate high school. "I'm at the point where I start to look back at all of

the events that have had an impact on me in the past 4 years," he noted. "When I was a sophomore, I discovered the Friendship Circle. The first time I came, I only expected to rack up a few hours and be done, but there was something so much more to it than that,

I discovered! I got something special from the experience that I could not get from anywhere else. Every time I step into the Las Olas Jewish Center for Friendship Circle, I experience a welcoming and warmth radiating from the people as they greet you. Knowing that you get to spend the end of your Sunday with people who care and want to have a great time with you is a feeling that I will never forget as

I move forward. I am not a psychic. Most of the time I'm not always certain what my brother wants, but I do know for sure that when he and I arrive at Friendship circle, he is 100% focused on the activities at hand and is fully involved in the games and wonderful friends around him, and that is something truly special to me.

"I would like to express my sincerest gratitude and admiration towards the people that are involved in this program, making the effort to bring this awesome opportunity to our kids. They really make a difference in our lives!" Katia concluded.

If you know of a child with special needs who would enjoy the company of a friend or if you would like to volunteer, please contact The Friendship Circle @ Office@ Friendshipfl.org or 754-800-1770.



From The Rabbi



High Holidays

As The high holidays approaches, Chayale and our children join me in wishing you and your loved ones a happy, healthy and sweet new year. May you be inscribed in the book of life, blessing, peace, and prosperity.

Las Olas Chabad Jewish Center is dedicated to providing everyone

regardless of background, philosophy or level of commitment, an open door environment for strengthening and enhancing Jewish family life. Chabad serves individuals and families looking for a non-judgmental, accepting, personalized Jewish experience & offers a warm environment, where everyone is welcome, creating a home away from home for everyone who walks through its doors.

Las Olas Chabad Jewish Center offers an array of services; from a trendy Judaica Shop, to Kabbalah Classes, a Vegetarian Kosher Falafel Shop & Poke Bar, Community Dinners, Holiday Programs, Jewish Women's Circle, Weekday & Shabbat services, Hebrew School, CTeen Club, The Friendship Circle and lots more. All our services and programs are open to all! Membership is not mandatory. Enclosed you will find our High Holiday schedule. Looking forward to seeing you and your loved ones! May the Almighty grant you and your family a Ktivah Vachatimah Tovah, L'shana Tovah Umetukah, a happy, healthy, and sweet New Year, and may you be inscribed in the Book of Life, Peace and Prosperity!

SERVICES

Join our melodious, inspirational, joyful and uplifting services. *Friday evening*

Kabbalat Shabbat 7:00 PM

Shabbat Day

Morning Service: 10:00AM

Followed by Kiddush (lunch) Caterd by food Art.

Kiddush

To sponsor a kiddush

please contact our office (954) 780-6770 or email Office@JewishFll.com

Weekday Morning Service

Join our Monday & Thursday morning Men's Minyanaires Club at 7:45am followed by Breakfast

Weekday Mincha service 2PM

GEFILTE FISHLATKES



In one episode of Martha Stewart's popular TV cooking show, her friend, Madge Miller shared her recipe for Gefilte Fish. The Oxford Dictionary defines Gefilte Fish as "... a dish of stewed or baked stuffed fish, or of fish cakes boiled in a fish or vegetable broth." A special version is Gefilte Fish Latkes!

This ancient dish is popular on Shabbat and Jewish holidays such as Passover, but it is consumed throughout the year. With this in mind, here's one recipe that should please just about anyone... anytime of the year!

Oil a frying pan

Slice 2 onions into thin slices and throw it in Cut a Roll of Gefilte Fish (any brand) into slices (1/2 in thick) and place it over the onions.

Fry it together for a few minutes on each side

until it browns

Serve hot

Delicious!...

P.S. This is the recipe of Chayale Slavaticki... the Rabbi's wife... so you know it's special!

East Las Olas Jewish Life

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A Division of Chabad Lubavitch of Ft. Lauderdale

JOIN US FOR TRADITIONAL SERVICES BLENDED WITH CONTEMPORARY MESSAGES IN A WARM AND WELCOMING ATMOSPHERE WITH CANTOR EPHY SHANOWITZ, BROOKLYN NY

ROSH HASHANA:

SUNDAY, SEP	I EMBER 9
Evening Services	6:30 PM
Rosh Hashana community dinner 7:0	00PM by RSVP only
MONDAY, SEPT	EMBER 10
Morning Services	9:30 AM
Kids Program	11:00 AM
Sound of the Shofar	
Holiday Buffet (Kiddush) following s	ervices
TUESDAY, SEP	ΓEMBER 11
Morning Services	9:30 AM
Sound of the Shofar	11:15 AM
Holiday Buffet (Kiddush) following s	ervices

YOM KIPPUR:

TUESDAY, SEPTEMBER 18		
Fast begins	7:03 PM	
Kol Nidrei Service	7:00 PM	
WEDNESDAY, SEPTEMBER 19		
Morning Services	9:30 AM	
Kids Program	11:15 AM	
Yizkor Memorial Service	11:30 AM	
Mincha Afternoon Service	6:00 PM	
Neila Closing Service	7:00 PM	
Shofar/Breaking of the fast:	7:54 PM	
*fully catered buffet		

All Services will be held at the LAS OLAS JEWISH CENTER.1302 E LAS OLAS BLVD. FORT LAUDERDALE. FL 33301 Special children's room with stories, games, snacks and lots of fun



Register TODAY @ LasOlasHebrew.com!

1302 E. Las Olas Blvd., Fort Lauderdale, FL 33301 | 954-780-6770

